Curriculum overview: BTEC Sport Tech Award

Key Stage 4

The BTEC Tech Award for Sport is an introduction to vocational learning. The qualifications give learners the opportunity to build applied knowledge and skills that show an aptitude for further learning, both in the sector and more widely. The approach to the suite is based on well-established BTEC assessment approaches that are proven to be successful in building applied knowledge and skills and motivating learners to engage fully with challenging study.

About the Sport sector Year on year, the sport industry shows continued growth in employment and forecasts suggest this trend will continue. This comes from increased knowledge and understanding of the benefits of regular participation in sport and physical activity. Sport England provides well documented research of these benefits including improvements in physical and mental wellbeing, economic development, individual development and social and community development (2020). These contribute significantly to the quality of a person's life and, as such, there is a need to ensure there are sufficient people working in the industry to meet this demand and encourage regular participation in sport and physical activity. There has never been a better time to study sport. Study of this sector at Key Stage 4 will complement GCSE study through providing an opportunity for practical application alongside conceptual study. There are also strong opportunities for post-16 progression in this vital sector.

Key skills/content requirements at Tech Award Level 2

Content and understanding

The Tech Award gives learners the opportunity to develop sector-specific applied knowledge and skills through realistic vocational contexts. Learners will have the opportunity to develop applied knowledge and skills in the following areas:

- investigating provisions for sport including equipment and facilities to enhance sport
- planning and delivery of sport drills and sessions
- fitness for sport including fitness testing and methodology.

Skills

BTEC sport students will be able to analyse an everyday context and apply sporting concepts through a written or presented piece of work. Students will have to manage deadlines and workload along with the ability to be reflective on their own work and work independently for extended periods of time. BTEC sport students must have a passion for playing, coaching and watching sport as leadership opportunities will look to build confidence and communication skills with peers and other younger students

Curriculum Overview

Learners are required to complete and achieve all three components

Pearson BTEC Level 1/Level 2 Tech Award in Sport				
Component number	**Component title**	**GLH**	**Level**	**How assessed**
1	Preparing Participants to Take Part in Sport and Physical Activity	**36**	**1/2**	Internal
2	Taking Part and Improving Other Participants Sporting Performance	**36**	**1/2**	Internal
3	Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity	**48**	**1/2**	External Synoptic

Term 3	Key vocabulary

Year 10	**Component 1 – Preparing Participants to take part in physical activity**	**Component 1 – Preparing Participants to take part in physical activity**	**Component 2 – Taking part and improving other participants sporting performance**	Pulse raiser Mobiliser Stretches Progression Regression
Assessment focus	Consolidation on core knowledge	Task 1 – sports provisions and benefits Task 2 – technology within sport Task 3a – planning a warm up Task 3b – delivering a warm up **COURSEWORK**	Consolidation on core knowledge Task 4a – planning a sports session Task 4b – delivering a sports session **COURSEWORK**	Public, private and voluntary provision
	LAA – explore types of provision of sport and physical activitiy for different types of participant	LAC – be able to prepare participants to take part in sport and physical activity	LAC – demonstrate ways to improve participants sporting performance	
	LAB – examine equipment and technology required for participants to use when taking part in sport and physical activity			
Year 11	**Component 2 – Taking part and improving other participants sporting performance**	**Component 3 – Developing fitness to improve other participants performance in sport and physical activity**		Muscular strength Muscular endurance Flexibility Aerobic Endurance Body Composition Speed Agility Balance Coordination Power Reaction Time
Assessment focus	Consolidation on core knowledge Task 2 – individual practical assessment Task 3 – roles and responsibilities for an official in sport Task 1 – components of fitness **COURSEWORK**	March Mock exam Learning aim consolidation assessments Practise papers in lesson and for homework	**EXAM – early May**	
	LAB – be able to participate in sport and understand the roles and responsibilities of officials	LAA – explore the importance of fitness for sports performance		
	LAA – understand how components of fitness are used in physical activities	LAB – investigate fitness testing to determine fitness levels		
		LAC – investigate different fitness training methods		
		LAD – investigate fitness programming to improve fitness and sports performance		