



Year 6 PHSRE

Parents and Carers,

As a part of your child’s education at TDMS, we promote personal wellbeing and development through a comprehensive Personal, Social, Health, Relationships and Economic (PSHRE) education programme. PSHRE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

The curriculum at TDMS is based on the statutory requirements laid out by the Government which include content on relationships and sex education. We are also mindful in the development of our curriculum that we need to react to the needs of our students and therefore we adapt the curriculum to focus on the needs of the cohort and the school community, continually monitoring and reviewing what is taught. At the same time, students have missed aspects of their PHSRE learning over the last couple of years so we are prioritising key aspects of the curriculum in the first instance. We use resources from the PHSE Association. This is the main recognised body in PHSRE education and provides a wide range of validated resources, utilising professional agencies, such as the NSPCC, with expertise in key areas.

I am writing to let you know on a termly basis what students are learning during the term.

Autumn 1	Transition and dealing with change. Relationships: Family and Friends Mental Health – keeping well and managing feelings
Autumn 2	Remembrance Anti-bullying NSPCC safety from abuse– see below Puberty

As you can see this term we are participating in the NSPCC’s Speak out. Stay safe. online programme. This consists of an online assembly and supporting classroom based activities. Speak out. Stay safe. is a safeguarding programme available to all primary schools in the UK. It aims to help children understand abuse in all its forms and to recognise the signs of abuse in a child friendly way. Children are taught to speak out if they are worried, either to a trusted adult or Childline. The content is suitable for the age of the students and developed to help students feel empowered, knowing how they can speak out and stay safe. Students will also have opportunities to ask questions that help prepare them for relationships in the modern world. All PHSRE teaching takes place in a safe learning environment and is underpinned by our school ethos and values.

Childline also have a website with age appropriate advice for primary school children on topics such as bullying. It also has games and other interactive tools. Your child can visit it at www.childline.org.uk/kids . You may also be aware of Talk PANTS. This is a simple conversation to help keep your child safe from sexual abuse. From P through to S, each letter of PANTS provides a simple but valuable rule that can help keep your child safe. You can find out more and download the free resources at www.nspcc.org.uk/pants .

As a school community, we are committed to working in partnership with parents. Below are several key websites which may be useful to you to gain advice or share with your child. We would also like to invite you to communicate your ideas and questions on the PHSRE curriculum by using this linked survey. <https://forms.gle/fEGZcxkRgmwJc2d89> The survey will be open for 2 weeks from 18 November 2021. Results will form a PHSRE Frequently Asked Questions Section on the school website. If you wish to make contact in regards to the delivery of the PHSRE curriculum please contact flovecy@tdms.worcs.sch.uk, indicating the year group of your child.

Yours sincerely



Fiona Lovecy