



TDMS

Wednesday 17 November 2021

Electronic cigarettes

Dear Parent/Carer,

The use of electronic cigarettes or 'vapes' has become increasingly popular with young people. This is particularly concerning as the long-term effects are unknown although there are several negative effects of vaping that have been proven.

Vaping puts nicotine into the body. Nicotine is highly addictive and can:

- slow brain development in teens; and
- affect memory, concentration, learning, self-control, attention and mood.

Electronic cigarettes can also:

- irritate the lungs; and
- may cause serious lung damage and even death.

Over the coming weeks we will be discussing the risks of using electronic cigarettes during our pastoral sessions as we see the use of electronic cigarettes as a significant health risk to the young people at our school.

I must remind you that E cigarettes are not allowed in school at any time. If a student is caught with these items in their possession they will be confiscated. If a student is caught using an E cigarette in school they will be isolated and if the behaviour is repeated we may apply more serious sanctions.

Yours sincerely

Stuart Weston

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