

Scavenger hunts, woodland walks and animal feeders

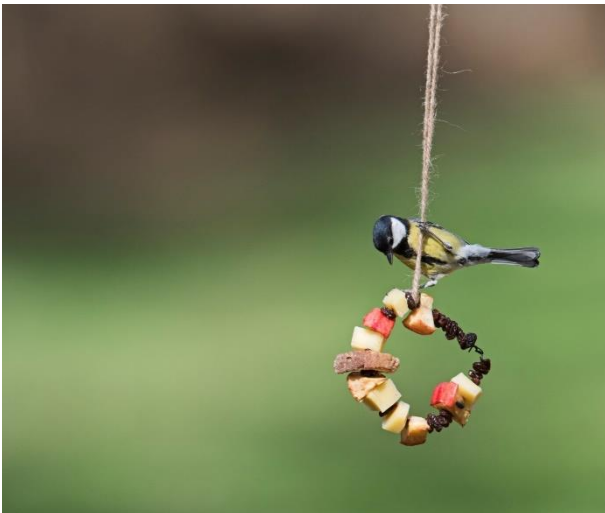
<https://www.woodlandtrust.org.uk/blog/2021/01/lockdown-activities-kids-winter/>

Bird feeder



Thread cheerios onto a pipecleaner or string and hang from trees

<https://www.rspb.org.uk/fun-and-learning/for-kids/games-and-activities/activities/make-a-bird-kebab/>



INDOOR SCAVENGER HUNT



Maybe do this with friends over a video call or with family and set a timer giving yourself 1 minute to find each item. Give points for each item depending on how easy or hard they are to find. The person who gets the item first wins the points and whoever gets the most points at the end wins.

OUTDOOR SCAVENGER HUNT



At-Home Activities Scavenger Hunt

50 Things to Find on a Nature Walk!

How many of these items can you find on your next nature walk?
Keep hunting until you find them all!

- Find three different coloured stones
- Find an insect with six legs
- Find something that is prickly
- Find two different types of leaves
- Find something that is alive
- Find something that is colourful
- Find something that grows
- Find something that makes noise
- Find something that comes from a tree
- Find a spider web
- Find a long piece of grass
- Find a feather
- Find a puddle
- Find something that has a smell
- Find something that is green
- Find a bug that is red
- Name two things in nature that are taller than you
- Find something that can fly
- Find something that needs water
- Find something that crawls
- Find something that is soft
- Find a bird's nest. (no touching!)
- Find three different coloured flowers
- Find a pine needle
- Find two different sticks
- Find a piece of bark
- Find a pinecone
- Find a tree stump
- Spot a squirrel
- Spot a butterfly
- Find something that is smooth
- Find a mushroom
- Spot three different clouds
- Find a piece of litter and throw it away
- Find a dandelion
- Find something with veins
- Find something with a hole in it
- Find something that flies
- Find something starting to grow
- Find something you think is pretty
- Find roots
- Spot a bunny
- Find a footprint
- Find a plant that is dead
- Find something that is blue
- Find something that needs the sunshine
- Find something that needs water
- Find a clover
- Find a berry
- Find something shaped like a circle



Make your walks last longer or be more fun, challenge your family to find as many items on the list as they can, or assign points for each item. What can you make with the things you find? You could colour stones or draw patterns on them with sharpie pens or look on pinterest for craft ideas with the materials you have.

DEN BUILDING

You could build dens inside or outside with old bedsheets, towels, boxes, chairs, etc



CRAFTING

Memory wall

<https://youtu.be/gw-Ykaeg3w>

Desk tidy

https://youtu.be/afz_53Cx0Ng

Friendship bracelets

<https://youtu.be/u5knLsLjlaE>

Painting or crafting with nature

use twigs or flowers stems as paintbrushes or make wreaths or decorate stones for your garden



Garden windchimes

use materials from recycling to make windchimes for the garden



No sew Tote bag



https://www.instructables.com/No-Sew-10-Minute-T-Shirt-Tote/?amp_page=true

Origami



<https://www.origamiway.com/easy->



[origami.shtml](https://www.origamiway.com/easy-origami.shtml)

COOKING

Easy ice-cream

<https://youtu.be/u1viT5YUzmE>

Easy ham pasta

<https://youtu.be/xgy3ljLKayg>

Cookies

<http://allrecipes.co.uk/recipe/10117/basic-cookie-recipe.aspx>

Cheese scones

Cheese Scones

Please ask an adult permission to cook and help in the kitchen.

Ingredients

225g/8oz self raising flour
pinch of salt
55g/2oz butter
25g/1oz mature cheddar, grated
150ml/5fl oz milk

Click on this picture to watch how to rub the fat into the flour – rubbing in



Method

- Heat the oven to 220C/200C Fan/Gas 7. Lightly grease a baking sheet.
- Mix together the flour and salt and rub in the butter. Stir in the cheese and then the milk to get a soft dough.
- Turn onto a floured work surface and knead very lightly. Pat out to a round 2cm/¼in thick. Use a 5cm/2in cutter to stamp out rounds and place on the baking sheet. Lightly knead together the rest of the dough and stamp out more scones to use it all up.
- Brush the tops of the scones with a little milk. Bake for 12–15 minutes until well risen and golden. Cool on a wire rack.

Pizza swirls

TYPE OF DISH:

MULTICULTURAL PRODUCT FOR A PARTY PACK

Skill Rating: 

INGREDIENTS

200g strong plain flour
Pinch salt
125ml warm water
25g sunflower margarine
1 sachet dried yeast
1 teaspoon dried mixed herbs
100g tomato purée or tomato-based pizza topping
100–150g Cheddar or mozzarella cheese.

EQUIPMENT

Baking tray Palette knife
Mixing bowl Grater
Pastry brush Flour dredger
Measuring jug Rolling pin
Sharp knife Clingfilm.
Kettle
Round-bladed knife

SPECIAL POINTS

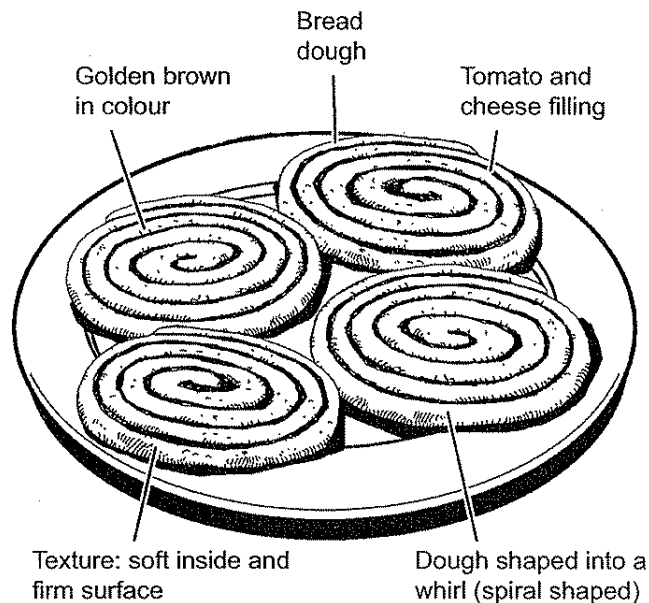
- It is important that the correct amount of water is added to the bread mixture (you may not use it all or you may require more).
- Water should be warm but not hot in order to activate but not kill the yeast. (Test with little finger).
- When rolling dough into sausage shape, try to keep even thickness to ensure quality product.
- When putting pizza whirls on baking tray, do not put too close together – they will expand on proving and baking.

OVEN TEMPERATURE

Electric 200°C/Gas 6

COOKING TIME

Approximately 15-20 minutes



Bread rolls

Bread rolls

Ingredients:

250g strong plain flour

5ml salt

15g butter/margarine

1 packet of quick blend yeast

125ml warm water

Optional flavourings:

75 g cheese, onion, tomato

or 1 or 2 cloves of garlic /

30ml of herbs



1. Weigh and measure ingredients.



2. Rub butter into flour until it looks like fine breadcrumbs.



3. Add yeast and mix thoroughly.

4. Add extra ingredient & mix.

5. Add warm water gradually. Mix with hands until all the flour has been incorporated and a soft dough forms. Add more water if it is needed.

6. Knead on a flour

8. Shape dough. Leave to prove for an hour covered with oiled cling film



somewhere where it is nice and warm and not draughty.

Fruit swirl

Fruit Swirl Berry Bread Recipe

Ingredients

300g plain flour

100ml warm water

7g fast action yeast

1teaspoon sugar

1 large banana

60g plain yogurt

1 tsp natural vanilla paste

Oil

150g fruit

1 egg

1tablespoon cornflour

1 tablespoon icing sugar

Fruit Swirl Berry Bread Recipe

Equipment

Cake tin and parchment paper

or grease proof paper

Sharp knife

Mixing bowls

Wooden spoon or large mixing spoon

Table spoon

Teaspoons

Scales

Measuring jug

Pastry brush

Fruit Swirl Cooking Class

Method

1. Add the flour to the bowl with the yeast, 100ml warm water, 1 teaspoon sugar, 1 teaspoon vanilla (don't worry if you don't have any).
2. Peel the banana into a separate bowl and mash until soft and squidgy.
3. Mix the banana and yogurt into the flour mixture and mix well with the wooden spoon.
4. Knead the dough for a good 5 – 10mins to stretch the gluten.
5. Place the dough into an oiled bowl and cover with cling film and leave to prove for a good hour in a warm environment.

Fruit Swirl Cooking Class Method

6. Heat the oven to 180c fan oven 200c normal oven
7. Remove the dough from the bowl and dust your work surface with flour – gently knead the dough then roll the dough to approx. The size of an A4 sheet of paper. (if you do not have a rolling pin use your hands to shape the dough.
8. Measure 150g of fruit – tinned, fresh, frozen and mash up fruit in separate bowl.
9. Add 1 tablespoon of corn flour, 1 tablespoon of sugar to the fruit and mix in. Then add 1 egg to the fruit mixture.
10. Place the fruit mixture over the dough and then roll the dough from the long edge side like a swiss roll.
11. Cut the roll into 2 finger width slices and place in lined cooking tin (with the parchment)
12. Cook in oven for 20 mins approx.
13. Add tiny amount of water to icing sugar in separate bowl and using pastry brush paint the top of the swirls while warm to glaze the buns. ENJOY!!!!

SENSORY

Calm down jar



<https://www.goodto.com/family/things-to-do/glitter-jars-how-to-calm-down-jar-105300>

Stress reliever ball

For this one you need balloon, orbeez/polymer beads and water



<https://www.ssw.com/blog/sensory-balls-diy-steam-activity/#:-:text=Water%20bottle&text=Step%201%3A%20Fill%20a%20bowl,beads%20into%20a%20water%20bottle.>



<https://www.instructables.com/Make-a-quick-stress-ball/>

GAMES

Cards- if you haven't got a pack you could make some. Card games are great for your maths skills and there are loads of different games you can play with a pack of cards. Below are a few ideas for you:

<https://www.todaysparent.com/family/activities/10-kid-friendly-card-games/#gallery/kid-friendly-card-games/slide-1>

Board games- get out those old board games or again you could make your own using items from your recycling. Here are some ideas:

<https://www.wisebread.com/8-amazing-board-games-you-can-diy>

Quizzes- you could create your own and video call friends or family and test their knowledge or you could do one from kahoot or youtube either yourself or as a family or again with friends or family on a video call.

Puzzles- if you have any puzzles or puzzle books these are great for your mind. Or you could print off some crosswords, word searches or other puzzles or make your own. There are lots on this site:

<https://www.puzzles-to-print.com/crossword-puzzles-for-kids/>

kitchen curling- used rolled up socks on a smooth floor and have a target roll your socks towards it the closest wins!

<https://youtu.be/7051Y5duZJA>

yoga or exercise class- have a go at an online yoga or exercise class

<https://www.youtube.com/user/CosmicKidsYoga>

https://www.youtube.com/results?sp=mAEB&search_query=joe+wicks

Rounders- either in your garden or outside somewhere with a large patch of grass set up a rounders game with your household, you don't need cones you could use any items for posts.

Football- either have a game with your household or do some skills and set yourself challenges-how many keepy uppys can you do in a minute? Give yourself points for hitting certain targets in a goal top right or left could be 5 points, middle could be 10 points and bottom corners 20, how many can you get in a minute? Set up your own training drill and test yourself or your household.

Target practice- get a ball and use things like mop buckets, empty bins or buckets and set them up at different distances and give yourself points for each target, how many points can you get in a minute, challenge your household to beat you.

Nerf war- set up your own nerf zone and have a fun battle with your household, use boxes and other items from the garden to make barricades and dens to hide in.



Obstacle course- make your own obstacle course and challenge yourself- how quickly can you get round it?



Photography- See what amazing photo's you can take, you can change the category daily- nature, food, weather, wildlife. we will vote our favourite after half term.

